



# Chad Vale Primary PE Policy

At Chad Vale Primary School we follow:

- The policies and procedures from Birmingham City Council and Birmingham Safeguarding Children Board (BSCB) which includes the Government's Prevent strategy.

Policy Written by:	Rhys Bowen
School adoption date:	6.9.2021
School's review date:	6.9.2023

## CHAD VALE RESPECTING RIGHTS

This policy is written with consideration to our schools commitment to the Rights of the Child (UNRC) and our achievement of becoming a Rights Respecting School. Although direct reference to this is not continuously made, the policy has been written with full awareness of our responsibility and commitment to this purpose.

As a school we have decided that the following rights link to this policy:

**Article 6: We have the right to life and to be healthy.**

**Article 12: We have the right to say what we think should happen and be listened to.**

**Article 15: We have the right to meet with friends and join groups and clubs.**

**Article 19: You have the right to be looked after and kept safe from harm.**

**Article 23: We have the right to special care and support if we have a special need.**

**Article 27: We have the right to a good standard of living.**

**Article 29: We have the right to become the best we can be.**

**Article 31: We have the right to play and rest.**

## ..... POLICY STATEMENT

At Chad Vale we want our pupils to understand how to live healthy, active lifestyles and we promote the '60 minutes of physical activity per day' message through physical education. We want our pupils to enjoy taking part in physical activity and to build confidence in their physical ability. In accordance with the National Curriculum for Physical Education all KS1 and KS2 pupils undertake two hours of physical education each week. Reception classes will undertake one hour of structured PE, in addition to the daily opportunities they have to learn through physical play. Whenever possible PE lessons will be planned, delivered and assessed by subject specialists, thus ensuring that pupils receive the highest quality teaching and learning opportunities in the subject.

We view Physical Education holistically. In lessons pupils will be taught the importance of physical activity as part of a healthy active lifestyle and a variety of sport specific skills and tactics, in addition to a range of social skills that can be applied throughout their school and



adult life. Pupils are then encouraged to apply the skills they are learning to master in increasingly challenging and competitive environments.

We aim for all Chad Vale pupils to meet the national expectation for swimming before they leave the school. Although opportunities will be provided in KS1 and KS2, we expect parents/carers to support us in this effort by ensuring our pupils have the opportunity to swim outside of school. This is so that all our pupils have the opportunity to develop this potentially life-saving skill.

An outline of the work undertaken by pupils in their PE lessons is available for parents to view on the Termly Overview displayed on each class' page on the school website.

All pupils at school will have the opportunity, and be expected, to take part in Physical Education lessons. If a child is unable to take part in PE due to injury or illness a Doctor's note excusing them from participation will be requested by the teacher. When this is not possible parents/carers are expected to contact the teacher, in person or in writing, to explain why their child is unable to participate. All reasonable requests will be accommodated.

Chad Vale pupils taking part in PE will need to wear suitable PE active wear to school on the days of their PE lessons. This is for health and safety and personal hygiene reasons. This kit is outlined in our school uniform policy and includes:

- A plain white t-shirt (preferably with the school crest on the left breast)
- A plain royal blue jumper for when PE takes place outside on cold days - the Chad Vale school jumper is perfect for this,
- Black shorts/tracksuit bottoms/leggings/netball skirt,
- Trainers or pumps
- During the summer we request that a peaked cap is added to the PE kit and that sun tan cream is worn.
- Pupils taking part in swimming lessons will be provided with an additional list detailing the required swimming kit.

For health and safety reasons no jewellery is permitted to be worn during PE.

### **Covid-19 Protocols**

It is the PE Co-Ordinator's responsibility to follow the latest guidelines provided by the government, DfE and relevant National Governing Bodies (eg FA, RFU, LTA) and ensure that planning and provision for PE lessons is adapted accordingly. The PE Co-ordinator will relay these messages, and any changes required to existing practice during PE lessons, to school staff as and when required.



## THE NATIONAL CURRICULUM 2014

**KS1** - Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils will be taught:

- 1) Through gymnastic, athletic and games based units to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities Through gymnastic, athletic and games based units .
- 2) Through invasion, net and striking and fielding activities to participate in team games, developing knowledge of basic skills/tactics.
- 3) Through dance and gymnastics to perform dances and simple movement patterns.

**KS2** - Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils will be taught:

- 1) Through gymnastics, athletics and competitive games to use running, jumping, throwing and catching in isolation and in combination
- 2) Through invasion, net and striking and fielding activities to play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- 3) Through athletics and gymnastics to develop flexibility, strength, technique, control and balance.
- 4) Through dance and gymnastics to perform sequences using a range of timing and movement patterns.
- 5) Through swimming, orienteering and team games to take part in outdoor and adventurous activity challenges both individually and within a team.
- 6) In all aspects of PE pupils will have the opportunity to lead, officiate, compare their performances with previous ones and demonstrate improvement to achieve their personal best.



## **Swimming and water safety**

All pupils will have the opportunity to take part in regular swimming lessons during one of their KS2 years. These lessons will take place at a location off the school site. Parents will be informed of the details in writing by the PE Co-Ordinator prior to the lessons beginning. All reasonable adjustments will be made to ensure that every pupil has access to these lessons.

Any pupils that do not meet the KS2 National Curriculum expectations by the end of their swimming year will be given the opportunity to take part in our catch up swimming program the following school year.

Pupils will be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively.
- perform safe self-rescue in different water-based situations.

## **PLANNING**

The PE co-ordinator will provide a PE timetable for the year for each class, ensuring that each aspect of the PE curriculum is delivered. All lessons are planned to include suitable differentiation so that all pupils can work towards mastery within the subject, whilst ensuring that the learning is accessible to all pupils, regardless of ability.

When not teaching the lessons themselves, the PE Co-ordinator is also responsible for supporting class teaches with their lesson delivery, providing advice and guidance when lessons are planned. Planning is undertaken by the teacher delivering the lessons. Lessons are designed to meet the needs of the pupils based on ongoing assessment for learning, whilst utilising the space and activity specific equipment available to the teacher. Bespoke Schemes of Work, designed by the PE Co-Ordinator or recognised Governing Bodies (eg LTA, FA, RFU, BGA) are found on the school computer system in the Shared Resources area of the Staff file on the Shared (T:) drive.

Planning is amended and updated as and when it is required.

## **CROSS-CURRICULAR LINKS**

**SMSC** – By reinforcing the School Games Values (Determination, Honesty, Respect, Teamwork and Passion), Modern British Values & The Chad Vale Way (Everyone is included at Chad Vale)

**Computing**- Use of ipads for filming & photographing pupils work. Use of Internet to display video clips of good practice or introduce concepts.

**Maths** – Keeping scores, timing activities and measuring/comparing performances (eg in athletics. The use symmetry in dance and gymnastics. Angles will be referred to in relation to



throwing trajectory in athletics and body position in gymnastics.

**English** – Introducing new vocabulary and ensuring pupils know how to use it in the correct context.

**Science** – Developing the understanding of anatomy and physiology, especially through warm up. Basic laws of physics and formulae will be introduced in gymnastics, especially when pupils are learning to balance and support partners.

**Geography/History** - Pupils will be introduced to sports, tactics, techniques and dance styles from cultures from around the world. They will also be made aware of how sports have developed over time ( eg javelin throwing)

## **TEACHING METHODS AND APPROACHES:**

### **ORGANISATION**

It is the PE Co-ordinator's responsibility to arrange an annual PE timetable that allows pupils access to the full curriculum. It is also the Co-ordinators responsibility to ensure that all teachers have access to suitably differentiated planning that allows all staff to teach for mastery in PE.

All PE equipment will be kept in the school hall, PE store and storage sheds located on the school field. The PE Co-Ordinator is responsible for maintenance and up keep of this equipment, liaising with external agencies when required.

The staff delivering PE lessons will need to liaise with the Site Manager and their team to ensure that all locations (Hall, Dance Studio, MUGA and Field) are a suitable condition for the delivery of timetabled PE lessons.

Staff delivering PE lessons are responsible for liaising with the ICT Co-Ordinator and logging any issue with the ICT equipment in PE teaching locations.

The PE Co-Ordinator is responsible for managing the annual PE budget (as approved by the Senior Management Team) and the annual Sports Premium Budget. A plan for the expenditure of this budget for the year should be signed off by the School's Governor for PE by October of each school year. The PE Co-ordinator is also responsible for completing the required paperwork that accompanies the Sports Premium Budget each year, ensuring this information is displayed on the school website by the required dates each year.

### **ASSESSMENT AND RECORD – KEEPING**

It is the responsibility of the teacher delivering the lesson/unit to assess the performance of the children in their class. Assessment will be undertaken in accordance with school policy for



assessment and record keeping of non-core subjects. Pupil assessments are to be updated using the online platform (Educater). It is the PE Co-Ordinator's responsibility to oversee the assessment of pupil attainment in PE, providing support to staff if/when required.

The PE Co-Ordinator is responsible for identifying Gifted and Talented PE students and ensuring that; a) these pupils are provided with suitable challenges in lesson b) they are added to the school's gifted and talented register c) Pupils are provided with suitable pathways to continue with the development of their talents.

## **REPORTING**

Parents/carers will receive an annual report on their child's performance in physical education as part of their end of year report. This report will be undertaken by the class teacher or PE Co-Ordinator.

If concerns are raised relating to child's attainment in PE then Parents/carers will be contacted by the PE Co-ordinator, Class Teacher or SENCO to discuss the issues and establish a suitable programme of support.

## **MONITORING/ EVALUATION**

Delivery of PE lessons will be monitored by the Senior Management and the subject Co-Ordinator during the termly Monitoring Fortnight. Once a term The PE Co-ordinator will be provided with suitable cover to ensure that they are able to observe PE lessons being taught by class teachers, and evaluate the quality of teaching and learning taking place. If the teaching or learning observed is not meeting an acceptable standard CPD and team-teaching opportunities with the subject co-ordinator will be made available.

All formal observations and their evaluations are to be recorded and filed with the lesson teacher's Line Manager in accordance with the school monitoring and evaluation policy.

## **INCLUSION AND EQUAL OPPORTUNITIES**

Everyone is included in PE lessons at Chad Vale. Lessons, including off site swimming, are suitably differentiated and all reasonable adjustments will be made to accommodate the individual physical, learning, emotional and behavioural needs of pupils.

Policy agreed on: 5<sup>th</sup> July 2021

Chair of Governors: Matt Cawsey